

CURRICULUM VITAE

MICHAEL J. HUBKA, DC, FCCS (C)

MEDICAL OFFICES

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EDUCATION

- 1992 **Saskatoon Chiropractic Residency¹**
Department of Orthopaedic Surgery
Royal University Hospital
University of Saskatchewan
Saskatoon, Saskatchewan, CANADA
- 1990-1992 **Clinical Science Residency²**
Southern California University of Health Sciences
Whittier, California, U.S.A.
- 1985-1988 **Bachelor of Science, Human Biology (B.S.)**
Doctor of Chiropractic, (D.C.)
Southern California University of Health Sciences
Whittier, California, U.S.A.
- 1980-1985 **Undergraduate Studies**
San Diego State University
San Diego, California, U.S.A.

1. The Saskatoon Chiropractic Residency is a six-month full-time (1700 hours) residency program sponsored by the Department of Orthopaedic Surgery of the Royal University Hospital, University of Saskatchewan, the Associated Chiropractic Clinics of Saskatoon, Saskatchewan, and the Canadian Memorial Chiropractic College. Residents rotate daily through hospital clinics in orthopaedic surgery, chiropractic, rheumatology, neurology, and radiology. Completion of this residency satisfies, in part, the requirements for fellowship status in the College of Chiropractic Sciences of Canada, FCCS (C).

2. The Clinical Science Residency is a three-year full-time (5500 hours) residency program of the Southern California University of Health Sciences. Residents receive in-depth training in research methods, patient care, and educational methods.

- 2002-2007 **Ainbinder Orthopedic Medical Group, Inc.**
16661 Ventura Blvd # 806
Encino, CA 91436
Telephone: (818) 377-7788 Facsimile (818) 377-7794
- Dennis Ainbinder, MD
Orthopedic Surgeon
- 1992-2004 **University Health Center, Pasadena**
Academic Private Practice and Teaching Clinic
1450 N. Lake Avenue
Pasadena, California, 91104
- 1992 **Department of Orthopaedic Surgery**
Royal University Hospital
Saskatoon, Saskatchewan, CANADA
- Ken Yong-Hing, MD
Professor and Head, Department of Orthopaedic Surgery
- J. David Cassidy, DC, MSc (Orth), PhD, FCCS (C)
Director of Research, Department of Orthopaedic Surgery
- 1992 **Associated Chiropractic Clinics**
Saskatoon, Saskatchewan, CANADA
- J. David Cassidy, DC, MSc (Orth), PhD, FCCS (C)
Dale R. Mierau, BSPE, DC, FCCS (C)
- 1990-1991 **Whittier Health Center**
Resident Clinic of the Southern California University of Health Sciences
Whittier, California, U.S.A.
- Al Traina, DC, DABCO
Professor and Head, Clinical Sciences Division
- 1988-1990 **Chiropractic Orthopedic Group of San Diego**
San Diego, California, U.S.A.
- Mark A. Hubka, DC, DABCO
Director

ACADEMIC HONORS AND AWARDS

- 12/17/88 Magna Cum Laude
Dean's List
Delta Sigma Honorary Scholastic Society
Mindlin Scholarship for Research Excellence
Southern California University of Health Sciences

Whittier, California, U.S.A.

5/5/93 Award for Excellence in Public Relations
San Gabriel Valley Chiropractic Society
Pasadena, California, U.S.A.

PUBLISHED RESEARCH

1. Phelan SP, Armstrong R, Knox D, Hubka MJ, Ainbinder D. An Evaluation of Medical and Chiropractic Provider Utilization and Costs: Treating Injured Workers in North Carolina. *J Manipulative Physiological Therapeutics*, 2004;27(7):442-448.
2. Delaney PM, Hubka MJ. The diagnostic utility of McKenzie clinical assessment for lower back pain. *J Manipulative Physiological Therapeutics* 1999;22(9):628-630.
3. Hubka MJ. Vigorous straight leg stretches for chronic sciatica: a non-concurrent multiple baseline study. Accepted for publication in the *J Manipulative Physiological Therapeutics*, 2002.
4. Hubka MJ, Phelan SP, Delaney PM, Robertson VL. Rotary manipulation for cervical radiculopathy: observations on the importance of the direction of the thrust. *J Manipulative Physiological Therapeutics* 1997;20(9):622-627.
5. Brantingham JW, Hubka MJ, Snyder WR, Wilkie PA, Biedebach D. Interexaminer reliability of palpation of the foot and ankle. *J Neuromusculoskeletal System* 1995;3(4):188-191.
6. Hubka MJ, Black D. The immediate effect of Back Bubble™ traction on mechanical low back pain: a pilot study. *J Chiropractic Technique* 1995; 7(1):18-21.
7. Hubka MJ, Phelan SP. Interexaminer reliability of palpation for cervical spine tenderness. *J Manipulative Physiol Therapeutics* 1994; 17(9):591-595.
8. Balageorge D, Cassidy JD, Hubka MJ, Vallee D, Yong-Hing K. Reliability and precision of a lumbar spine range of motion instrument. *J Bone J Surg (Orthopaedic Transactions)* 1994; 18(1):127-128.
9. Hubka MJ, Hall TA, Taylor JAM, Hubka MA, Brantingham JW. A new look at the classification of headaches. *J Chiropractic Technique* 1994;6(2):49-56.
10. Hubka MJ. Palpation for spinal tenderness: a reliable and accurate method for determining the target of spinal manipulation. *J Chiropractic Technique* 1994;6(1):5-8.
11. Brantingham JW, Hubka MJ, Snyder WR, Wilkie PA, Wong J, Brantingham CR, Diballa SD. Chiropractic management of Morton's metatarsalgia (Morton's Neuroma): a review of 29 patients. *J Chiropractic Technique* 1994;6(2):61-6.
12. Hubka MJ, Cassidy JD, Dust W. Femoral neck stress fracture presenting as low back pain. *J Canadian Chiropractic Assoc* 1992;36(4):217-221.

13. Hubka MJ, King L, Cassidy JD, Donat J. Brachial Plexus Neuropathy. *J Canadian Chiropractic Assoc* 1992;36(4):213-6.
14. Brantingham JW, Snyder WR, Dishman RW, Hubka MJ, Brown RA, Brantingham CR, Markham DJ. Plantar fasciitis. *J Chiropractic Technique* 1992; 4(3):75-82.
15. Hubka MJ, Taylor J, Schultz G, Traina A. Lumbar intervertebral disc herniation: chiropractic management using flexion, extension, and rotational manipulative therapy. *J Chiropractic Technique* 1991;3(1):5-12.
16. Taylor J, Schultz G, Hubka MJ. Osteonecrosis of the fibular sesamoid. *Chiropractic Sports Med* 1990; 4(4): 135-139.
17. Hubka MJ. Another critical look at the subluxation hypothesis. *J Chiropractic Technique* 1990; 2(1):27-29.
18. Hubka MJ, Hubka MA. Conservative management of idiopathic hypermobility and early lumbar instability using proprioceptive rehabilitation: a report of two cases. *J Chiropractic Technique* 1989;1(3):88-93.
19. Hubka MJ. Non specific back pain: a functional problem. In: Coyle BA, ed. Proceedings of the third annual conference on research and education. San Diego: Pacific Consortium for Chiropractic Research, 1987.

PUBLISHED BOOK CHAPTERS

1. Hubka MJ. Chiropractic management of the Intervertebral Disc Syndrome. Chapter 23, In: Gatterman, ed. Foundations of Chiropractic. St Louis: Mosby Publications; 1995, pp:428-451.
2. Hubka MJ, Hall TA. Classification of headaches: a new look. In: Curl D, ed. Chiropractic approach to head pain. Baltimore: Williams & Wilkins; 1994, pp:182-9.
3. Pate D, Hubka MJ, Eckard LJ, Vlasuk SL. Disc herniations. In: Jaeger S, Pate D. Case studies in chiropractic radiology. Rockville: Aspen Publishers; 1990, pp:105-111.

RESEARCH IN PROGRESS

1. Hubka MJ, Jacobs, G. The inter-examiner reliability of passive and resisted motion of the lumbar spine.
2. Hubka MJ. Manipulation for unilateral mechanical neck pain.
3. Hubka MJ. The relative effectiveness of cervical manipulation and mobilization for cervicogenic headache.

MEMBER OF THE EDITORIAL REVIEW BOARD

Journal of Chiropractic Technique, 1990 - 1999
Williams & Wilkins

Chronic Disease Patient Education Manual, 1997 - Present
Aspen Publishers, Inc.

Chronic Disease Management: Clinical Pathways and Guidelines, 1997 - Present
Aspen Publishers, Inc.

PROFESSIONAL AFFILIATIONS

American Public Health Association
California Chiropractic Association
California Society of Industrial Medicine and Surgery
American College of Occupational and Environmental Medicine
Academy of Forensic & Industrial Chiropractic Consultants
Rehabilitation Nurses Society
Consortium for Chiropractic Research

PRESENTATIONS MADE AT CONFERENCES

A Refresher Course on the AMA Guides, 5th Edition
The Annual AFICC Practice Symposium, June 27, 2009
Huntington Beach, California, U.S.A.

The Role of the Chiropractor in an Orthopedic Worker's Compensation Practice
San Diego Spine and Sport Symposium, October 25-27, 2002
La Jolla, California, U.S.A.

Conservative Management of Low Back Syndromes: Updates in Assessment and Treatment
Southern California University of Health Sciences, 2001 Re-licensing Seminars
15 locations throughout California, Arizona, and Nevada, U.S.A.

Psychosocial Risk of Factors for Chronic Musculoskeletal Pain
American Medical Response, Medical Provider Training, March 20, 1999
Newport Beach, California, U.S.A.

Management of Pain and Disability
N. Carolina Chiropractic Association's Annual Conference, March 12-14, 1999
Charlotte, North Carolina, U.S.A.

Recent Developments in Outcome Measures for Occupational Healthcare
American Back Society, December 10-12, 1998
Las Vegas, Nevada, U.S.A.

Outcome Instruments for Measuring Pain and Disability

American Medical Response, Medical Provider Training, March 19, 1998
Marietta, Georgia, U.S.A.

Outcome Instruments for Measuring Pain and Disability

California Chiropractic Association, San Diego Chapter, February 28, 1998
San Diego, California, U.S.A.

The Role of the Chiropractor

Rehabilitation Nurses Society, May 22, 1997
Brea, California, U.S.A.

Conservative Management of Lumbar Disc Problems

Visiting Scholars Program, March 7, 1997
Southern California University of Health Sciences
Whittier, California

Spinal Disorders: A Chiropractic Perspective

The Monthly Spine Conference at USC University Hospital, April 18, 1996
USC University Hospital
Los Angeles, California, U.S.A.

The Role of the Chiropractor

Department of Physical Therapy, August 22, 1994
Kaiser Permanente
Bellflower, California, U.S.A.

The Role of the Chiropractor

Rheumatology Grand Rounds, July 6, 1993
VA Hospital Sepulveda
Los Angeles, California, U.S.A.

The Role of the Chiropractor

Neurology Grand Rounds, April 7, 1992
Royal University Hospital
Saskatoon, Saskatchewan, CANADA

Therapeutic Exercises Following Manipulation under Conscious Sedation

Buena Park Doctors Hospital, November 1991
Buena Park, California, U.S.A.

Managing Soft-Tissue Injuries

Postgraduate Department, Los Angeles College of Chiropractic, April 20, 1991
Ventura, California, U.S.A.

Non-Specific Back Pain: a Functional Problem

Third Annual Proceedings of the Pacific Consortium for Chiropractic Research, June 19, 1987
San Diego, California, U.S.A.

TELEVISION APPEARANCE

Complimentary Healthcare / Chiropractic

30 minute program, aired five times in Los Angeles in 1994

KABC Los Angeles, Channel 7, "City View"

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